

ANNUAL REPORT 2017 – 2018
of the UIAA Medical Commission corresponding member
MUDr. Ivan Rotman, member of the Medical Commission of the Czech
Mountaineering Federation
Czech Society for Mountain Medicine

In the period 2017-2018 **first aid workshops** for mountaineering instructors, members of the Czech Mountaineering Federation (CMF) opened also for the public continued to be organized by the Medical Commission under Dr. Jana Kubalová's management. Many **articles dealing with health problems** of mountaineering and sojourn at high altitude and extreme and wilderness conditions were written by our members for various magazines and journals-

After the first two years of [Diploma in Mountain Medicine International Courses](#) for medics and paramedics in the Czech Republic in 2016-2017 with 36 participants Dr. Kristina Höschlová has organized [Mountain Medicine Courses for Mountaineers](#) started in September 2018.

The Czech Mountain Medicine Conference 2017 – [The 28th Pelikán's seminar „Medical Aspects in Mountaineering 2017 \(report in English\)”](#) was organized by The Medical Commission of the Slovak Mountaineering Federation, Slovak members of the Czech Society for Mountain Medicine, in the Slovakia. The [seminar proceedings](#) (in Czech) with 20 presentations are published on our web site www.horska-medicina.cz. In 2018 **The 29th Pelikan's seminar** with over 20 lectures and workshops ([report in Czech](#)) was organized again by Dr. Jana Kubalová in the North Bohemia.

Dr. Kristina Höschlová and Dr. Jana Kubalová gave lectures on mountain sickness and hypothermia and frostbites at two Czech **general medicine congresses** in 2017, and participated in various foreign mountain medicine congresses: **International Mountain Summit – Conference Brixen 2017**, **Internationale Bergrettungsärzte-Tagung, Innsbruck 2017**; **Mountain Medicine Congress in Champéry 2018**. Dr. Jan Pala, PhD. and Dr. Lenka Horáková took part in **International Snow Science Workshop 2018 in Innsbruck**. Dr. Lenka Horáková presented there her research [“Monitoring of subjects during avalanche snow experiments: possible errors”](#). Dr. Hana Kubinová, Dr. Jana Kubalová, Martin Honzík DiS, and Mgr. Ivana Sikulová Ph.D. attended **ICAR Convention Chamonix 2018**.

Personally, I pursue the administration of the **website** www.horska-medicina.cz, completing of our mountain medicine conferences **proceedings** since 1990 and following **latest news** in mountain medicine and physiology in order to inform other colleagues as well as to make publicity for other people.

At the request of the Faculty of Physical Education and Sport at Charles University in Prague I have elaborated the critical **review of the book** *“Mood changes during the training in hypoxia”* by Jan Pernica, Pavel Harsa, and Jiří Suchý, going to press.

I apologize myself for my absence at the UIAA MedCom Meeting in Kathmandu and wish all fruitful and pleasant talks.

Best regards, Ivan Rotman.

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