MEDICAL COMMISSION of the CZECH MOUNTAINEERING FEDERATION SOCIETY FOR MOUNTAIN MEDICINE, Czech Republic

REPORT ON THE ACTIVITY 1995-1996 (23. 3.1997 (lk-rpt97)

The Medical Commission of the Czech Mountaineering Federation

The commission continues its activity and informs regularly more than 250 mountaineering clubs in the Czech Republic as well as all physicians and mountaineering clubs in the Slovak Republic by means of special newsletters. Since last UIAA Medical Commission Meeting following Information Sheets and reports on Health Problems in Mountaineering have been distributed and prepared, respectively:

- * Report on the UIAA Medical Commission Meetings in 1995-1996
- * Report on the Mountain Rescue Medicine in Innsbruck 1995
- * Report on the Mountain Medicine Conference in Lienz 1996
- * Reports on the 6th and 7th Jiří Pelikán Memorial Mountain Medicine Seminar on "Contemporary Problems of Mountain Medicine"
- * Acclimatizatin to great heights (this booklet was prepared by I. Rotman and will be published soon)

Society for Mountain Medicine in the Czech Republic At the present there are 67 members of the Society.

The Sixth Jiří Pelikán Memorial Mountain Medicine Seminar on "Contemporary Problems of Mountain Medicine - Diagnostic and Therapeutic Methods in the Mountains"

This workshop was held on September 8th-10th 1995 in Bedřichov in the north region of Bohemia in close co-operation Medical Commission of the Mountain Rescue in the Slovak Republic (Dr. Miko). Dr. Rotman gave a report on activities of Medical Commission of the Czech Mountaineering Federation and the Society for Mountain Medicine. Dr. Miko reported on the mountaineering accidents in High Tatras. Dr. Švancara gave an excellent lecture on the first aid of spinal injuries on the spot. Dr. Rokyta dealt with injuries in climbers in sandstone rocks in Bohemia.

During the Seventh Jiří Pelikán Memorial Mountain Medicine Seminar on "Contemporary Problems of Mountain Medicine - Diagnostic and Therapeutic Methods in the Mountains" on September 27th-29th General Assembly of the Society took place. An overview of the contemporary problems in cold injuries was given by Dr. Švancara and problems of specific aspects of cave rescue by Dr. Kala. The participants discussed the possibilities of mountain accidents prevention in Czech Republic and prepared an information sheet on recommendations for safe climbing and mountaineering.

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