

## **ANNUAL REPORT 2011 – 2013**

### **of the UIAA Medical Commission corresponding member MUDr. Ivan Rotman, Czech Society for Mountain Medicine**

I am sorry to say that last five years I could not attend any UIAA Medical Commission meeting, but every year I took part in some foreign mountain medicine conference as well as our annual meeting of the Czech Society for Mountain Medicine (SHM) and Medical Commission of the Czech Mountaineering Federation (CMF). This national event is known as Pelikan's seminary (Pelikánův seminář) „Current Problems of Mountain Medicine – Diagnostic and Therapeutic Methods in Mountains”, named after excellent Czech surgeon and mountaineer which perished during an ascent of Annapurna in 1988. Every year this mountain medicine conferences are visited by about 40 and more mountaineering physicians, paramedics, other specialists and also by mountaineers and other interested persons. Our colleagues from Slovakia regularly come to hold their lectures there too. This year we are just preparing already the 24<sup>th</sup> Pelikánův seminář. Every year the lectures presented at our medical conferences are published in annual bulletin and/or on the websites of CMF and/or SHM.

Czech Society for Mountain Medicine (Společnost horské medicíny, SHM) was founded in 1992 and has on the present 90 members. Last year we have observed an anniversary of twenty years. All members of the Medical Commission of the CMF are SHM's members, too. They participate in education on the first aid and health problems for CMF membership. We also update our web sites ([www.horska-medicina.cz](http://www.horska-medicina.cz), [www.horskamedicina.cz](http://www.horskamedicina.cz), [www.mountainmedicine.cz](http://www.mountainmedicine.cz)) and our blog <https://www.facebook.com/horskamedicina.cz>. Among others for mountaineers who suffered frostbite there is detailed information on correct and modern treatment of this injury.

Last four years I joined in following mountain medicine events:

- 2. Forum Bergmedizin 2010“, Garmisch-Partenkirchen, 12. – 14. 11. 2010.
- 22. Internationale Bergrettungsärztetagung, Innsbruck, 5. 11 2011
- Berg & Sport 2012, Ramsau am Dachstein, 9. – 11. 11. 2012
- High Altitude Tolerance, Heidelberg, 25. -26. 1. 2013
- 2<sup>nd</sup> International Congress New Advances in mountain Medicine and Emergency, Varese 18. – 19. 4. 2013

#### Publication activity

Chapter on high altitude medicine: Ivan Rotman. “Physiological and Health Aspects of Exercise and Physical Activity in Great and Extreme Heights” in a new textbook on sport medicine: Miloš Máček, Jiří Radvanský et al. (eds.). “Physiologie and Clinic of Physical and Exercise Activity” (“Fyziologie a klinické aspekty pohybové activity”). Galén Praha 2011

Upcoming translation (Kristina Höschlová): Petit manuel de médecine de montagne : De l'ampoule à l'oedème pulmonaire et de la randonnée à l'expé himalayenne, Emmanuel Cauchy. Published by Glénat, 2007

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## MEETINGS of the UIAA MEDICAL COMMISSION

<ul style="list-style-type: none"> <li>- 1980, Padova, I, MedCom CAI</li> <li>- 1981, Lugano, CH, SAC</li> <li>- 1983, Maloja, CH, SAC</li> <li>- 1984, Chamonix, F, ENSA</li> <li>- 1985, Rudolfshuette, A, OEAV</li> <li>- 1986, Munich, D, DAV</li> <li>- 1987, London, GB, BMC</li> <li>- 1988, Prague, CS, ČSHS</li> <li>- 1989, Oviedo, E, FEM</li> <li>- 1990, London, GB</li> </ul>	<ul style="list-style-type: none"> <li>- 1991, Crans-Montana, CH</li> <li>- 1992, Belluno, I, CAI</li> <li>- 1993, Varallo, I, CAI</li> <li>- 1994, Chamonix, F,</li> <li>- 1995, Aspen, USA,</li> <li>- 1996, Zürich, CH</li> <li>- 1997, Interlaken, CH,</li> <li>- 1998, Voorburg, NE, NKBV</li> <li>- 1999, Whistler, CAN,</li> <li>- 2000, Bruneck, I, CAI</li> </ul>	<ul style="list-style-type: none"> <li>- 2001, Kathmandu, NEP,</li> <li>- 2002, Barcelona</li> <li>- 2003, Copenhagen</li> <li>- 2004, Teherán</li> <li>- 2005, Aachen</li> <li>- 2006, Snowdonia,</li> <li>- 2007, Aviemore</li> <li>- 2008, Zdoňov/Adršpach</li> <li>- 2009, Kathmandu</li> <li>- 2010, Arequipa, Peru</li> <li>- 2011, Are, Švédsko</li> <li>- 2012, Whistler, Kanada</li> </ul>
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## 20 YEARS of the CZECH SOCIETY FOR MOUNTAIN MEDICINE (SHM) SHM Pelikan's Seminars (Pelikánovy semináře)

	Rok	Místo	datum		Rok	Místo	datum
1	1990	Praha	20.3.	11	2001	Nečtiny	13.10.
2	1991	Praha	31.5.	12	2002	Vysoké n.J.	9.11.
3	1992	Děčín	13.6.	14	2003	Bedřichov	22.11.
4	1993	Kamínka Košťálov	26.6.	15	2004	Moninec	27.11.
5	1994	Bartošovice	24.9.	16	2005	Hájenka, Ústupky	22.10.
6	1995	Bedřichov, Liberec	9.9.	17	2006	Hájenka, Ústupky	21.10.
7	1996	Blata	28.9.	18	2007	Zdoňov	27.10.
8	1997	Hrubá skála	11.10	19	2008	Teplice n.Met.	1.-3.10.
9	1998	Paseky	19.9.	20	2009	Milovy	10.10.
10	1999	Hrádek	18.9.	21	2010	Hájenka, Ústupky	16.10.
11	2000	Na Kasarni	30.9.	22	2011	Milovy	29.10.
				23	2012	Milovy	27.-28.10.