

ANNUAL REPORT 2018 – 2019  
of the UIAA Medical Commission corresponding member  
MUDr. Ivan Rotman, member of the Medical Commission of the Czech Mountaineering  
Federation  
Czech Society for Mountain Medicine

In the period 2018-2019, as in previous years, **first aid workshops** for mountaineering instructors, members of the Czech Mountaineering Federation (CMF) were organized by the Medical Commission under Dr. Jana Kubalová's management.

**Mountain Medicine Courses for Mountaineers** led by Dr. Kristina Höschlová continued with practical modules in French Alps (Avoriaz), [[video](#)], and for the next year the **3<sup>rd</sup> International Mountain Medicine Course in the Czech Republic 2020** for medical doctors, students and paramedics is prepared.

Czech Mountain Medicine Conference 2018 – **The 29<sup>th</sup> Pelikán's seminar „Medical Aspects in Mountaineering 2018 (report in English)“** with over 20 lectures and workshops took place in North Bohemia and the **30<sup>th</sup> Pelikán's seminar „Medical Aspects in Mountaineering 2019“** will take place at 25.-27. October 2019 in North Moravia.

Dr. Jan Pala Ph.D. and Dr. Lenka Horáková took part in **International Snow Science Workshop 2018 in Innsbruck**. Dr. Lenka Horáková presented there her research "[Monitoring of subjects during avalanche snow experiments: possible errors](#)". Dr. Hana Kubinová, Dr. Jana Kubalová, Martin Honzík DiS, and Mgr. Ivana Sikulová Ph.D. attended **ICAR Convention Chamonix 2018**.

Dr. Kristina Höschlová (abstracts *Are the Eight-Thousanders Prone to Become Mentally Retarded?*, *Are Trips to High Altitude Beneficial for Psychiatric Patients?*), Dr. Jana Kubalová (abstract *Malenák & Kubalová: The EMS Mobile App*), and Dr. Hana Kubinová visited the **XII ISMM World Congress on Mountain Medicine 21.-24. 11. 2018 in Kathmandu**. Dr. Höschlová published a lecture on [High altitude illness](#) held at the 11<sup>th</sup> Congress of Primary Care in Prag in 2017 and had two presentations (*Management of Hemorrhagic Shock in a War Trauma Centre*, *Trauma Management in Difficult Mountain Environment*) at the **International Mediterranean Emergency Medicine Congress in Dubrovnik on Sept 23, 2019**.

Society and Medical Commission members published several articles on health problems of mountaineering and mountain medicine, I personally (with Dr. Novák, Ph.D.) three articles for the **Czech Society of Sports Medicine Bulletin "Medicina Sportiva Bohemica & Slovaca"** on *40<sup>th</sup> Mount Everest Ascent Anniversary w/o oxygen, the first Czech expedition medical doctor MUDr. Jaromír Wolf (UIAA Vice-President emeritus was born 100 years ago [[link](#)], and Sir Edmund Hillary was born 100 years ago; also on the web site*. We remind [Medicina in Montana](#) – UIAA congress on mountain medicine in 1983 In Maloja.

Our Society website [www.horska-medicina.cz](http://www.horska-medicina.cz) is supplemented by unpublished posts, congress reports, mountain medicine and mountaineering book lists, bibliography, as well as latest news. Czech Societies for Diabetology and Internal Diseases have been informed about the [UIAA Medical Commission Recommendations for Mountaineers, Hillwalkers, Trekkers, and Rock and Ice Climbers with Diabetes 2018](#).

*I am very sorry I have to excuse myself from this year meeting. My colleague Dr. Lenka Horáková, the President of the Czech Society for Mountain Medicine will attend the annual meeting instead of me. She is not only a very experienced physician in rescue medicine but also an active mountaineer, has practice in high mountains and she is very active in education of mountaineering instructors in first aid, rescue and mountain medicine in the Czech Mountaineering Association.*

Best regards, Ivan Rotman, 1. 11. 2019

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